

Dengue Facts

Dengue in 2024

In 2024, dengue spread in Arizona, California, Florida, Hawaii, and Texas. The same year, Brazil and Puerto Rico declared a state of emergency for dengue outbreaks.

How It Spreads

Dengue spreads through a bite from an infected mosquito. You can be infected with dengue more than once in your life.

Dengue is found in tropical and subtropical climates around the world. It is mostly found in cities and towns.

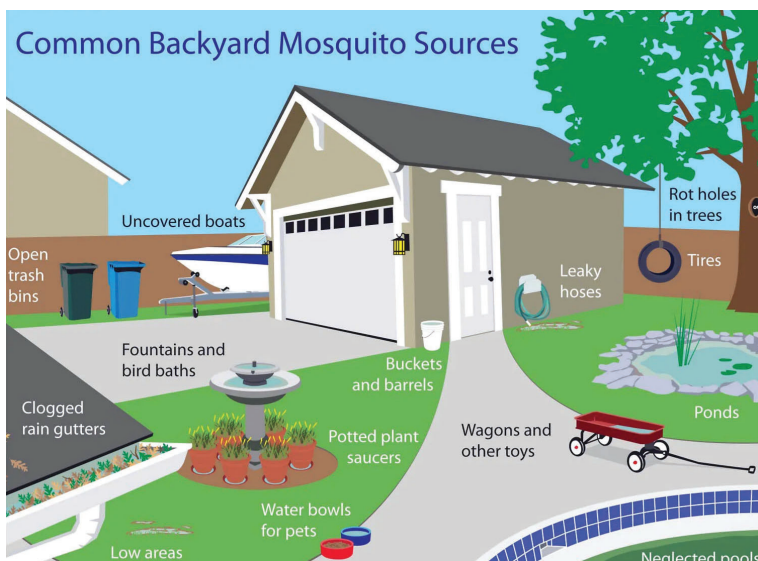
Protect Yourself

To protect yourself from mosquito bites:

- Use insect repellent approved by the EPA.
- Wear loose-fitting, long-sleeved shirts and long pants.
- Wear shoes and socks.
- Use screens on doors and windows.
- Keep screens in good repair.

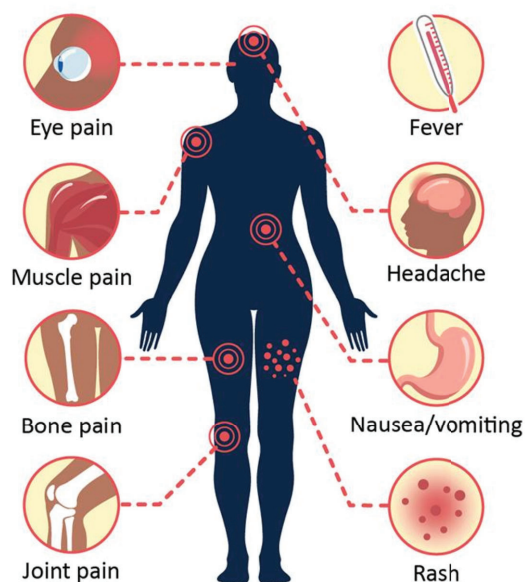
Stop Mosquito Breeding

Mosquitoes can breed in just 1/4 inch of water. To keep eggs from hatching, remove standing water around your home every 5 days.



Symptoms

Symptoms of dengue include fever with any of the following:



Most people with dengue have mild or no symptoms. In rare cases the illness can be very serious and lead to death.

If you have recently traveled and have symptoms, see your healthcare provider right away.

Treatment

There is no specific treatment for dengue. People with dengue fever can get help from their healthcare provider for their symptoms.

There is a dengue vaccine for children who live in areas where dengue is spreading.

Learn more at [cdc.gov/dengue](https://www.cdc.gov/dengue)